

## Field Work

This course allows the student to start to use his/her learnt skills in a practical environment. This course bridges the gap between student and practitioner. The sequence taught in beginners course is effective for working on healthy young people for relaxation, but most clients come for massage because of pain. On this course you will learn how to make clear judgements of pace, structure, which energy lines to emphasis and which stretches are required. Learn how to alleviate pain during the massage, see how you can change restricted movement of a joint, and assist in lightening emotional issues. Learn to start to diagnose problems by observing the bodies' language. You will also learn some protection techniques so that you can maintain your own healthy energy body.

### Daily program

Depart from school at 9am in our uniforms, with our equipment to visit sites in Chiang Mai

Meet clients and through and interpreter find out about the clients issues

Together with the teacher, discuss each client and what is the best way to approach the treatment

Complete a two-hour massage under teacher supervision

Via our interpreter talk to the client to see how they felt about the treatment

Break for lunch

At Sunshine School we will review each massage with the teacher recommending changes and learn new techniques to enhance your practice

